Beach House

FIND FREEDOM

EMBRACE HEALING, EMBRACE LIFE



WHERE COMPASSION, CONNECTION &
CLINICAL EXCELLENCE COME TOGETHER

healing begins.

History & Location

Beach House was founded in 2016 with a mission to provide quality, evidence-based care for individuals seeking freedom from addiction.

Located on a serene 5-acre campus designed to create an environment of healing, growth, and connection.



13321 US HIGHWAY 1 - JUNO BEACH, FL 33408

Meet the Team

Our team is the heart of the Beach House formula: people, purpose, and passion.

Highly trained, accredited, and deeply committed to quality care, our staff bring both expertise and compassion to every client. With the right people by your side, recovery becomes possible.

Mark Pundt, MD

CHIEF EXECUTIVE OFFICER





Michael Slifer, MD, PhD

MEDICAL DIRECTOR

Leslie Williams, LMHC, MS, CCTP, CSTS

CHIEF CLINICAL OFFICER





Mellisa Sloan, LMHC

CLINICAL DIRECTOR

Andromada Brooks, LMHC, MS, CAP

CLINICAL DIRECTOR





Lyle Fried, CAP, ICADC, CHC, CRRA

DIRECTOR OF STRATEGIC PARTNERSHIPS



Levels of Care

SUBSTANCE ABUSE DISORDER

- Medically Supervised Detox
- Residential Inpatient
- Partial Hospitalization (PHP)
- Intensive Outpatient (IOP)

PRIMARY MENTAL HEALTH





Campus Tour

Our main campus welcomes patients with inviting reception and intake areas, purpose-built therapy rooms, group spaces, and recreational facilities.



Surrounded by beautifully landscaped outdoor areas, the setting fosters both comfort and healing throughout the recovery journey.













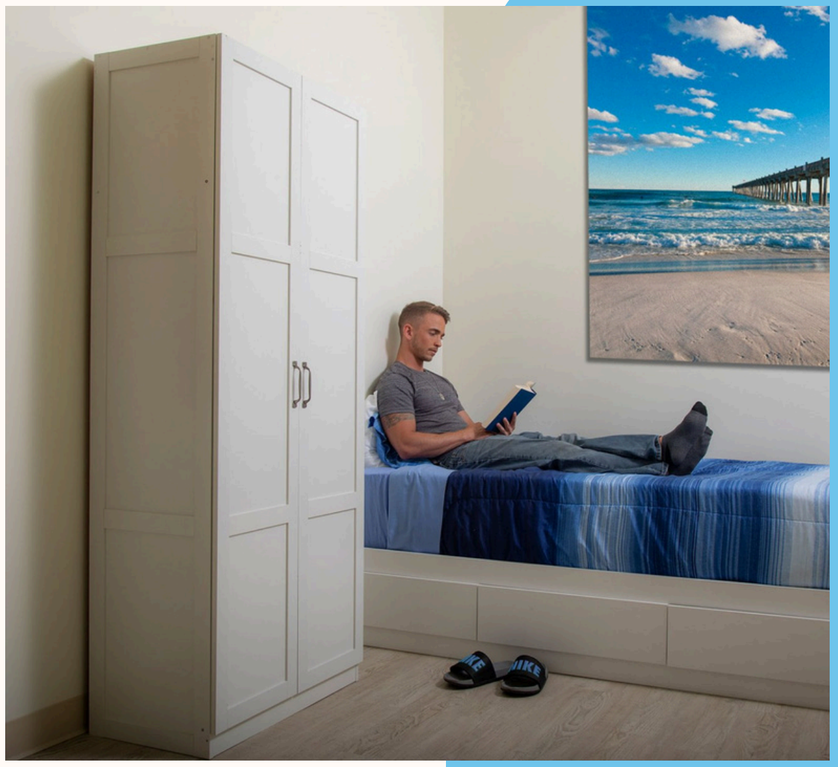


Holistic Offerings

Healing is whole-person work: physical strength, emotional balance, and spiritual connection. At Beach House, holistic care complements traditional treatment to create a stronger foundation for lasting wellness.

- ON-SITE FITNESS CENTER
- BIO-BED SOUND THERAPY
- NUTRITION PROGRAMS
- SUNRISE BEACH MEDITATION
- ACUPUNCTURE
- YIN YOGA
- MASSAGE
- CHIROPRACTIC







Accommodations

Offering comfortable, well-appointed semi-private and private rooms in a safe and supportive environment.

Every detail is designed to promote rest, reflection, and recovery.





Dining Experience

Our campus dining program is led by our Executive Chef, Christopher Rescigno, who prepares balanced, nutritious, and flavorful meals to support recovery. Each menu is crafted with care, offering both variety and taste, while accommodating individual dietary needs and preferences.











Specialty Programs

- Veterans & First Responders Program
- Integrated Trauma Treatment
- Medication-Assisted Treatment
- Family Support Services
- Alumni Programming
- Spiritual Care & Faith-Based Services







Continued Care: PHP & IOP

Beach House provides a structured continuum of care designed for patients stepping down from residential treatment who still require daily therapeutic intervention, medical oversight, and structured support to ensure sustained recovery.

The programs integrate evidence-based therapies creating a clinically sound approach to support lasting recovery.

- Structured programming with group & individual therapy:
  - PHP - 6 days a week
  - IOP - 5 days a week
- Ongoing medication management
- Semi-private, supervised sober living environments with 24/7 support
- Random drug testing, clinical check-ins, and structured accountability
- Recovery integration through daily community meetings and life skills coaching











Insurance Coverage

Beach House accepts most major insurance plans and is committed to making high-quality addiction and mental health treatment accessible. Because these are recognized as medical conditions, many plans provide full coverage for our levels of care. Our admissions team verifies benefits quickly and confidentially, helping families understand coverage and avoid unnecessary costs.

We are in-network with BCBS (including Federal, MyBlue, and Marketplace), Aetna, Cigna, Tricare, VA CCN (Region 3), CompPsych, and ChampVA. We also regularly work with United Healthcare, Beacon, Magellan, Healthlink, UMR, Multiplan, GEHA, AmeriHealth, and others. Regardless of your circumstances, our priority is ensuring you receive the highest level of care covered by your plan.


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